



**Australasian Doctors' Health Conference
14 - 16 September 2017
Luna Park, Sydney, Australia**

**Preliminary Program
Thursday 14 September 2017**

1800 - 2000

Welcome Reception - Palais, Luna Park

*Program is correct at 13 September 2017
Program is subject to change*



Australasian Doctors' Health Conference
14 - 16 September 2017
Luna Park, Sydney, Australia

Preliminary Program
Friday 15 September 2017

| Time | Ted Hopkins Room | Sunset Room | Crystal Ballroom Room A |
|-------------|---|---|--|
| 0800 - 1700 | Registration Open - Crystal Ballroom Foyer | | |
| 0900 - 1030 | Plenary Session Chairperson: Garry Walter | | |
| 0900 - 1000 | Physician Wellness: From Alone and Under Pressure to 'Dude, Me, Too' and Resilient Julie Chilton | | |
| 1000 - 1030 | Mental Health and the Impaired Physician: A Perspective from Occupational Psychiatry Michael Robertson | | |
| 1030 - 1100 | Morning Tea - Crystal Ballroom B | | |
| 1100 - 1230 | Suicide / Chronic Illness and Disability Chairperson: Janette Randall | Medical Student and Junior Doctor Health Chairperson: Hilton Koppe | Workshop: Bullying and Harassment |
| 1100 - 1115 | Doctors Who Commit Suicide: Beyond Blaming Workplaces, Training Programs and Regulatory Authorities Stewart Morrison | Peer-mentoring for Medical Students: Is it Feasible and Does it Provide Support for Those Most in Need? Fiona Moir | Tackling Bullying and Harassment in Medicine: Empowering Tomorrow's Doctors Margaret Kay, Vicky Dawes, Malcolm Forbes and Kate Engelke |
| 1115 - 1130 | | Medical Students: How Distressed are they, What do they Think Causes Them the Most Stress and What Should we do About it? Nerissa Soh | |
| 1130 - 1145 | Mandatory Reporting. Bad For our Health or for the Public Good? Chanaka Wijeratne | Student Support for Professional Practice: The Joint Medical Program Rosemary Aldrich | |
| 1145 - 1200 | The Experiences of Chronically Ill Health Workers in Relation to Work Environment, Peers and Leaders: What Policies Exist to Support These Workers? Catherine Sambell | Building Medical Student Resilience Support for Those Most at Need Kay Wilhelm | |
| 1200 - 1215 | Improving Access to Medical Education and Employment for Doctors with Disabilities Hannah Jackson and Harry Eeman | Development and Impact of an Integrative Wellness Program in Medical School Angela Alessandri | |
| 1215 - 1230 | | MedApps Rob | |

| | | | |
|---|--|--|---|
| 1230 - 1400 | Lunch - Crystal Ballroom B | | |
| 1400 - 1530 | History and the Humanities / Free Papers Chairperson: Kym Jenkins | Late Career Issues Chairperson: Simon Willcock | Workshop |
| 1400 - 1415 | The Literary Cure - Prescribing the Humanities Karen Fisher | Successful Ageing and How it is Relevant for Medical Professionals Chanaka Wijeratne | The Healer's Journey David Kopacz and Hilton Koppe |
| 1415 - 1430 | Health Care Serial Killing: An Unrecognised Hazard to Patients Robert Kaplan | Gender Issues in Ageing for Doctors Carmelle Peisah | |
| 1430 - 1445 | From Saint Marcus Welby to Dark Twisty Meredith Grey: Representations of Doctors and their Health Karen Fisher | Retirement Intentions, Retirement Planning and Retirement Adjustment Chanaka Wijeratne | |
| 1445 - 1500 | Doctors in Trouble: Doctors' Experience of Complaints Against Them Elizabeth van Ekert | Discussant Jill Gordon | |
| 1500 - 1515 | ADHC at the Intersection Mervyn Lander | | |
| 1515 - 1530 | | | |
| 1530 - 1600 | Afternoon Tea - Crystal Ballroom B | | |
| 1600 - 1700 | Free Papers Chairperson: Chanaka Wijeratne | Program Development Chairperson: Jennifer Alexander | Workshop |
| 1600 - 1615 | Circle Medicine: Good for the Clinician, Good for the Client David Kopacz | Developing a Mentoring Program for Doctors in Training Kay Dunkley | Medico-legal Disease Timothy Bowen and Roger Sexton |
| 1615 - 1630 | Mental and Physical Health of Early to Mid-career Doctors in Hong Kong: A Cross-sectional Study Weng Yee | The Wounded Healer: An Anti-stigma Programme Targeted at Healthcare Ahmed Hankir | |
| 1630 - 1645 | The Path to the Initiated Ego and the Visionary Physician Brian Stafford | Metro South Health Doctors' Wellness Program Lynette Fergusson | |
| 1645 - 1700 | | The NSW Impaired Registrants' Program - A Reflection from the Regulators' Viewpoint Choong-Siew Yong | |
| 1900 - 2200 | Conference Dinner - Parliament House | | |
| <i>Program is correct at 13 September 2017</i> <i>Program is subject to change</i> | | | |



Australasian Doctors' Health Conference
14 - 16 September 2017
Luna Park, Sydney, Australia

Preliminary Program
Saturday 16 September 2017

| Time | Ted Hopkins Room | Sunset Room | Crystal Ballroom A | Sonar Room |
|-------------|---|--|---|---|
| 0800 - 1700 | Registration Open - Crystal Ballroom Foyer | | | |
| 0900 - 1030 | Plenary Session Chairperson: Choong-Siew Yong | | | |
| 0900 - 1000 | Unfathomable Journey: The Context of Dr Otto Walter's Departure from Australia Professor Garry Walter | | | |
| 1000 - 1030 | Inoculation Against Burnout: The Potential of the Humanities and Social Sciences Jill Gordon <i>Sponsored by Avant</i> | | | |
| 1030 - 1100 | Morning Tea - Crystal Ballroom B | | | |
| 1100 - 1230 | Addiction / Dentistry Chairperson: James Hawkins | Medical Student and Junior Doctor Health Chairperson: Sophie Walter | Workshop: Julie Chilton | Symposium |
| 1100 - 1115 | Managing Doctors Well Stephen Jurd | Strategic Approach to Student Wellbeing – College of Medicine and Dentistry, James Cook University Teresa O'Connor | How to Run a Wellness Workshop with a Film Screening: A Step by Step Guide to Take Back to your Community | Caring for Colleagues: Practical Considerations in Treating Fellow Health Professionals Hilton Koppe, Garry Walter, Penny Browne and Fiona Davies |
| 1115 - 1130 | Lessons from an Established Programme for Pilots with Addictions David Powell | Mental Health Education in Medical Schools George Joseph | | |
| 1130 - 1145 | Dentist Wellbeing in NSW and ACT: An Exploration of Factors Affecting Practitioner Health and How the ADA NSW Support Model Assists in Lessening Their Impact Craig Brown | My Health - A Doctors' Wellbeing Survey Margaret Kay | | |
| 1145 - 1200 | | The Prevalence and Associations of Psychological Distress in Australian Junior Medical Officers Michelle Lau | | |
| 1200 - 1215 | A Hand Up Not a Hand Out Dominic Barboro and David Chen | Medical Student Stress – Just How Bad is it? Julie Chen | | |
| 1215 - 1230 | | | | |
| 1230 - 1400 | Lunch - Crystal Ballroom B | | | |
| 1400 - 1530 | Free Papers Chairperson: John Parikh | Medical Student and Junior Doctor Health (cont.) / Abuse, Bullying and Other Trauma Chairperson: Margaret Kay | Workshop | |
| 1400 - 1415 | Financial Literacy - The Elephant in The Doctor's Waiting Room Danny Beran | Out Of The Blue - WA Doctors in Training Wellbeing Symposium Rosalind Forward | | |

| | | | |
|--|--|---|---|
| 1415 - 1430 | Doctors Mental Health and Wellbeing – Creating Mentally Healthy Workplaces in Healthcare Pippa Rose | "My World is Broken and it Will Never be the Same". Sexual Abuse of Doctors, by Doctors: Professionalism, Trauma and the Potential for Healing Louise Stone | From Clinical Story to Performance Piece – A Recipe for Speed Script Writing Hilton Koppe |
| 1430 - 1445 | The Wounded Healer Sal Anderson | The Bad Project: Performance Management Versus Bullying Marilyn Bullen | |
| 1445 - 1500 | | Domestic Violence in Medical Professionals Helen Freeborn | |
| 1500 - 1515 | The Third "E" – Engagement – In a Framework to Improve Patient Experience Avnesh Ratnanesan | Preventing and Resolving Training Disputes Dr Penny Browne | |
| 1515 - 1530 | Feeling 'One Step Behind': Burnout and Gender in the New Zealand Senior Medical Workforce Charlotte Chambers | | |
| 1530 - 1600 | Afternoon Tea - Crystal Ballroom B | | |
| 1600 - 1700 | Free Papers (cont.) / Novel and Innovative Approaches Chairperson: Tony Sara | Challenges for Various Specialities Chairperson: Jill Gordon | Workshop |
| 1600 - 1615 | Wellness Beyond the Buzzword Juviraj Arulanandarajah | Career Satisfaction and Work Stressors in Psychiatrists and Psychiatry Trainees in Australia and New Zealand Sarah Rotstein | The Role of Nature Immersion on Physician Wellness: Nature-culture Balance, a Mature Ecotherapy, and Nature-based Resilience Brian Stafford |
| 1615 - 1630 | A New Telemedicine Service to Improve the Health of Rural Doctors in South Australia Roger Sexton | Stress and Distress Among Physician Trainees: A Cross-sectional Study Carmen Axisa | |
| 1630 - 1645 | A Novel Approach to Clinical Supervision and Mentoring Hilton Koppe | Access to Healthcare by Psychiatrists, Psychiatric Trainees and Overseas Trained Psychiatrists: Findings from the RANZCP Welfare Study Sarah Rotstein | |
| 1645 - 1700 | A New Intern Oath: Addressing One's Own Health and the Health of Colleagues David Oldham | | |
| <p><i>Program is correct at 13 September 2017</i> <i>Program is subject to change</i></p> | | | |