



**Australasian Doctors' Health Conference
14 - 16 September 2017
Luna Park, Sydney, Australia**

**Preliminary Program
Thursday 14 September 2017**

1800 - 2000

Welcome Reception - Palais, Luna Park

*Program is correct at 4 September 2017
Program is subject to change*



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Preliminary Program
Friday 15 September 2017

Time	Ted Hopkins Room	Sunset Room	Crystal Ballroom Room A
0800 - 1700	Registration Open - Crystal Ballroom Foyer		
0900 - 1030	Plenary Session Chairperson: Garry Walter		
0900 - 1000	Physician Wellness: From Alone and Under Pressure to 'Dude, Me, Too' and Resilient Julie Chilton		
1000 - 1030	Mental Health and the Impaired Physician: A Perspective from Occupational Psychiatry Michael Robertson		
1030 - 1100	Morning Tea - Crystal Ballroom B		
1100 - 1230	Suicide / Chronic Illness and Disability Chairperson: Janette Randall	Medical Student and Junior Doctor Health Chairperson: Hilton Koppe	Workshop: Bullying and Harassment
1100 - 1115	Doctors Who Commit Suicide: Beyond Blaming Workplaces, Training Programs and Regulatory Authorities Kym Jenkins	Peer-mentoring for Medical Students: Is it Feasible and Does it Provide Support for Those Most in Need? Fiona Moir	Tackling Bullying and Harassment in Medicine: Empowering Tomorrow's Doctors Margaret Kay, Vicky Dawes, Malcolm Forbes and Kate Engelke
1115 - 1130		Medical Students: How Distressed are they, What do they Think Causes Them the Most Stress and What Should we do About it? Nerissa Soh	
1130 - 1145	Not Falling Apart at the Seams while the Heart Is Hurting: An Organisation's Response to Multiple Suicides Kym Jenkins	Student Support for Professional Practice: The Joint Medical Program Rosemary Aldrich	
1145 - 1200	The Experiences of Chronically Ill Health Workers in Relation to Work Environment, Peers and Leaders: What Policies Exist to Support These Workers? Catherine Sambell	Building Medical Student Resilience Support for Those Most at Need Kay Wilhelm	
1200 - 1215	Improving Access to Medical Education and Employment for Doctors with Disabilities Hannah Jackson and Harry Eeman	Development and Impact of an Integrative Wellness Program in Medical School Angela Alessandri	
1215 - 1230			

1230 - 1400	Lunch - Crystal Ballroom B		
1400 - 1530	History and the Humanities / Free Papers Chairperson: Kym Jenkins	Late Career Issues Chairperson: Simon Willcock	Workshop
1400 - 1415	The Literary Cure - Prescribing the Humanities Karen Fisher	Successful Ageing and How it is Relevant for Medical Professionals Chanaka Wijeratne	The Healer's Journey David Kopacz and Hilton Koppe
1415 - 1430	Health Care Serial Killing: An Unrecognised Hazard to Patients Robert Kaplan	Gender Issues in Ageing for Doctors Carmelle Peisah	
1430 - 1445	From Saint Marcus Welby to Dark Twisty Meredith Grey: Representations of Doctors and their Health Karen Fisher	Retirement Intentions, Retirement Planning and Retirement Adjustment Chanaka Wijeratne	
1445 - 1500	Doctors in Trouble: Doctors' Experience of Complaints Against Them Elizabeth van Ekert	Discussant Jill Gordon	
1500 - 1515	ADHC at the Intersection Mervyn Lander		
1515 - 1530			
1530 - 1600	Afternoon Tea - Crystal Ballroom B		
1600 - 1700	Free Papers Chairperson: Chanaka Wijeratne	Program Development Chairperson: Jennifer Alexander	Workshop
1600 - 1615	Circle Medicine: Good for the Clinician, Good for the Client David Kopacz	Developing a Mentoring Program for Doctors in Training Kay Dunkley	Medico-legal Disease Timothy Bowen and Roger Sexton
1615 - 1630	Mental and Physical Health of Early to Mid-career Doctors in Hong Kong: A Cross-sectional Study Weng Yee	The Wounded Healer: An Anti-stigma Programme Targeted at Healthcare Ahmed Hankir	
1630 - 1645	The Path to the Initiated Ego and the Visionary Physician Brian Stafford	Metro South Health Doctors' Wellness Program Lynette Fergusson	
1645 - 1700			
1900 - 2200	Conference Dinner - Parliament House		

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Preliminary Program
Saturday 16 September 2017

Time	Ted Hopkins Room	Sunset Room	Crystal Ballroom A	Sonar Room
0800 - 1700	Registration Open - Crystal Ballroom Foyer			
0900 - 1030	Plenary Session Chairperson: Choong-Siew Yong			
0900 - 1000	Unfathomable Journey: The Context of Dr Otto Walter's Departure from Australia Professor Garry Walter			
1000 - 1030	Inoculation Against Burnout: The Potential of the Humanities and Social Sciences Jill Gordon <i>Sponsored by Avant</i>			
1030 - 1100	Morning Tea - Crystal Ballroom B			
1100 - 1230	Addiction / Dentistry Chairperson: James Hawkins	Medical Student and Junior Doctor Health Chairperson: Sophie Walter	Workshop: Julie Chilton	Caring for Colleagues: Practical Considerations in Treating Fellow Health Professionals
1100 - 1115	Managing Doctors Well Stephen Jurd	Strategic Approach so Student Wellbeing – College of Medicine and Dentistry, James Cook University Teresa O'Connor	How to Run a Wellness Workshop with a Film Screening: A Step by Step Guide to Take Back to your Community	
1115 - 1130	Lessons from an Established Programme for Pilots with Addictions David Powell	Mental Health Education in Medical Schools George Joseph		
1130 - 1145	Dentist Wellbeing in NSW and ACT: An Exploration of Factors Affecting Practitioner Health and How the ADA NSW Support Model Assists in Lessening Their Impact Craig Brown	My Health - A Doctors' Wellbeing Survey Margaret Kay		
1145 - 1200		The Prevalence and Associations of Psychological Distress in Australian Junior Medical Officers Michelle Lau		
1200 - 1215	A Hand Up Not a Hand Out Dominic Barboro and David Chen	Medical Student Stress – Just How Bad is it? Julie Chen		
1215 - 1230				
1230 - 1400	Lunch - Crystal Ballroom B			

1400 - 1530	Free Papers Chairperson: John Parikh	Medical Student and Junior Doctor Health (cont.) / Abuse, Bullying and Other Trauma Chairperson: Margaret Kay	Workshop
1400 - 1415	Financial Literacy - The Elephant in The Doctor's Waiting Room Danny Beran	Out Of The Blue - WA Doctors in Training Wellbeing Symposium Rosalind Forward	From Clinical Story to Performance Piece – A Recipe for Speed Script Writing Hilton Koppe
1415 - 1430	Doctors Mental Health and Wellbeing – Creating Mentally Healthy Workplaces in Healthcare Pippa Rose	“My World is Broken and it Will Never be the Same”. Sexual Abuse of Doctors, by Doctors: Professionalism, Trauma and the Potential for Healing Louise Stone	
1430 - 1445	The Wounded Healer Sal Anderson	The Bad Project: Performance Management Versus Bullying Marilyn Bullen	
1445 - 1500		Domestic Violence in Medical Professionals Helen Freeborn	
1500 - 1515	The Third "E" – Engagement – In a Framework to Improve Patient Experience Avnesh Ratnanesan	Preventing and Resolving Training Disputes Dr Penny Browne	
1515 - 1530	Feeling 'One Step Behind': Burnout and Gender in the New Zealand Senior Medical Workforce Charlotte Chambers		
1530 - 1600	Afternoon Tea - Crystal Ballroom B		
1600 - 1700	Free Papers (cont.) / Novel and Innovative Approaches Chairperson: Tony Sara	Challenges for Various Specialities Chairperson: Jill Gordon	Workshop
1600 - 1615	Wellness Beyond the Buzzword Juviraj Arulanandarajah	Career Satisfaction and Work Stressors in Psychiatrists and Psychiatry Trainees in Australia and New Zealand Kym Jenkins	The Role of Nature Immersion on Physician Wellness: Nature-culture Balance, a Mature Ecotherapy, and Nature-based Resilience Brian Stafford
1615 - 1630	A New Telemedicine Service to Improve the Health of Rural Doctors in South Australia Roger Sexton	Stress and Distress Among Physician Trainees: A Cross-sectional Study Carmen Axisa	
1630 - 1645	A Novel Approach to Clinical Supervision and Mentoring Hilton Koppe	Access to Healthcare by Psychiatrists, Psychiatric Trainees and Overseas Trained Psychiatrists: Findings from the RANZCP Welfare Study Kym Jenkins	
1645 - 1700	A New Intern Oath: Addressing One's Own Health and the Health of Colleagues David Oldham		
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